



# Caring for a loved with Alzheimer's or other dementia? You are not alone.

## Enroll in the Customized Caregiver Training and Relief Program

This Free Program, Offered by Department of Human and Senior Services, is in partnership with Memory Care Home Solutions, Alzheimer's Association, and Missouri Rural Health Association. Select the best program for you:

### Track One: Caregiver Training Program - Memory Care Home Solutions



- In-home assessment to identify unmet needs, develop customized caregiver plan.
- Training resources to modify daily activities and increase independence.
- Follow-ups to assess customized plan and as needed.
- Safety devices and other support to increase in-home protection and security.
- Referrals for other community support services and resources.

Call Home Care Memory Solutions to get started, 314.645.6247.

### Track Two: Caregiver Relief Program - Alzheimer's Association



Caregivers receive reimbursement for up to \$700 for respite services, like:

- Assessment and care coordination
- Adult day care
- In-home Care
- Nutritional supplements
- Safety and supportive programs
- Education and counseling programs

Call the Alzheimer's Association for a free Care Consultation, 800.272.3900.

### Eligibility Requirements for Caregiver Relief Program:

- Individuals with Alzheimer's disease or other dementia must reside in Missouri and live at home with the primary caregiver. Persons residing in long-term care communities are ineligible.
- Participants must start using funds within 45 days of enrollment and must use all available funds before May 31, 2021. Funds are capped at \$700, are contingent upon availability, and distributed on a first come, first served basis.

